



KNOWLEDGE AND AWARENESS MAPPING PLATFORM

KNOWLEDGE SESSION 2024: EPISODE 48

Topic: Empowering Social Emotional Competence in the Classroom

Category: Train the Trainers/Teachers Speakers/Presenters: Ms Kashish Behl

Organized for: Teachers from all over India Date: March, 28th, 2024

No. of Participants: 800+ students from different schools across India

Overview:

On March 28th, 2024, **KAMP** hosted its 48th exclusive knowledgesharing session centered on the theme "Empowering Social Emotional Competence the in Classroom." The event brought together over 800 teachers representing various schools from across India. The primary objective of this workshop was to educators equip with skills essential and



knowledge to enhance students' emotional well-being within educational settings.

Mr. Aniket Arora convened the session, while Ms. Kashish Behl, a renowned mental health trainer and psychologist, served as the facilitator. Ms. Behl's extensive expertise includes designing and



well-being conducting sessions for staff, covering a wide range of topics such as emotional intelligence, resilience. mental health awareness. and coping strategies during the pandemic. Her dedication to advocating mental health awareness and providing exceptional care individuals of all age groups underscores her commitment to the cause.

The importance of teacher training programs in elevating the quality of education was emphasized throughout the session. These programs play a vital role in equipping teachers with the necessary

skills, knowledge, and support to excel in their profession, thereby positively impacting students, schools, and the education system at large.

During the workshop, Ms. Kashish into delved the significance of socialemotional competence in the classroom environment. Her insights, encompassing topics such as mood reflection, addressing socio-emotional difficulties in students, creating



a comfortable classroom space, and employing strategies like storytelling circles and framing techniques, offered invaluable guidance to educators. Additionally, Ms. Behl highlighted the pivotal role teachers play in shaping the nation's future, shedding light on the underappreciated influence they wield within the education system.



Overall, the session promised to be engaging and enlightening, offering practical strategies and actionable takeaways for educators to implement in their classrooms. Ms. Behl's contributions reaffirmed the importance of prioritizing students' emotional well-being in educational settings, paving the way for a more nurturing and supportive learning environment.

Noteworthy in the session was Mr. Aniket Arora's announcement

regarding upcoming Scientific Excursions and Teacher Training programs organized by KAMP at various CSIR Labs and ISRO Centers throughout the year, emphasizing KAMP's commitment to providing unique opportunities for both students and teachers.

KAMP's fortnightly workshops aim to help students develop creativity. meaningful learning, and critical reading and thinking skills, bringing out their inherent abilities. The vision of KAMP is to identify and capture the Scientific and Technological temperament technology, and the humanities.

students, contributing to making India a Global Leader in the fields of science, 21st Scientific Excursion at the CSIR-IHBT, Palampur, Himachal Pradesh These workshops, conducted by

KAMP, cover various topics falling

under the categories of science, technology, and innovation, Scientific and Life Skills, Career and Professional Development, Academic development, and training trainers and teachers.



KAMP believes that exposure to such topics from experts within specific fields helps students become aware of real-life situations and challenges, develop a problem-solving nature, understand their core values and personal interests, evaluate their skills within the given area, and achieve their best in their most desirable way.

Organized By:

Knowledge and Awareness Mapping Platform (KAMP Operations and Coordination Office)

Moderated By:

Mr. Aniket Arora

Team Credits:

Ms. Arika Mathur (Member, KPMC)

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